



# APRIL

## Mount Vernon School District *Growing Healthy Students!*

Monday	Tuesday	Wednesday	Thursday	Friday
30-Mar <b>Cheese Stuffed Breadsticks</b> Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	31-Mar <b>Beef Teriyaki Dippers</b> Steamed Rice Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	1-Apr <b>Hotdog</b> French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	2-Apr <b>Chicken Empanada</b> Seasoned Pinto Beans Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	3-Apr <b>Pepperoni Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>Pumpkin Bread &amp; Cheese Stick</b> Fresh Fruit & Milk	<b>MiniCinni</b> Fresh Fruit & Milk	<b>Pancake on a Stick</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Benefit Bar</b> Fresh Fruit & Milk
6-Apr Spring Break!	7-Apr April 6-10	8-Apr Have FUN!	9-Apr Smile BIG!	10-Apr Back April 13th
13-Apr <b>Chicken Nuggets</b> Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	14-Apr <b>Penne Pasta Bake</b> Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	15-Apr <b>Cheeseburger</b> Potato Smiles Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	16-Apr <b>Burrito</b> w/ Hot sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	17-Apr <b>Cheese Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>Banana Bread &amp; Cheese Stick</b> Fresh Fruit & Milk	<b>MiniCinni</b> Fresh Fruit & Milk	<b>Pancake on a Stick</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Benefit Bar</b> Fresh Fruit & Milk
20-Apr <b>Chicken Strips</b> Baked Cheetos Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	21-Apr <b>Breakfast for Lunch</b> Mini Pancakes & Egg Patty Dried Cherries and Vegetables 1% White Milk or Chocolate Milk	22-Apr <b>Hamburger</b> Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	23-Apr <b>Chicken Quesadilla</b> Refried Beans with Cotija Cheese Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	24-Apr <b>Pepperoni Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>Pumpkin Bread &amp; Cheese Stick</b> Fresh Fruit & Milk	<b>MiniCinni</b> Fresh Fruit & Milk	<b>Pancake on a Stick</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Benefit Bar</b> Fresh Fruit & Milk
27-Apr <b>Corndog</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	28-Apr <b>Grilled Cheese Sandwich</b> Mixed Berry Fruit Cup Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	29-Apr <b>Chicken Burger</b> Applesauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	30-Apr <b>Turkey Taco Nachos</b> w/ Pico Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	1-May <b>Cheese Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>Banana Bread &amp; Cheese Stick</b> Fresh Fruit & Milk	<b>MiniCinni</b> Fresh Fruit & Milk	<b>Pancake on a Stick</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Benefit Bar</b> Fresh Fruit & Milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice.

Questions? Call Food Service Supervisor, at (360) 428-6149.