



JUNE



Mount Vernon School District
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1-Jun</p> <p>Cheese Stuffed Breadsticks</p> <p>Marinara Sauce</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>2-Jun</p> <p>Mandarin Orange Chicken</p> <p>Steamed Rice</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>3-Jun</p> <p>Cheeseburger</p> <p>Potato Smiles</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>4-Jun</p> <p>Burrito</p> <p>Steamed Corn</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>5-Jun</p> <p>Pepperoni Pizza</p> <p>Dried Fruit</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>
<p>Bagel and Cream Cheese</p> <p><i>Fresh Fruit & Milk</i></p>	<p>French Toast Minis</p> <p><i>Fresh Fruit & Milk</i></p>	<p>Pancake on a Stick</p> <p><i>Fresh Fruit & Milk</i></p>	<p>Breakfast Pizza</p> <p><i>Fresh Fruit & Milk</i></p>	<p>Cinnamon Roll</p> <p><i>Fresh Fruit & Milk</i></p>
<p>8-Jun</p> <p>Corndog</p> <p>Diced Pears</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>9-Jun</p> <p>Mac and Cheese</p> <p>Goldfish Crackers</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>10-Jun</p> <p>Deli Hoagie Sandwich</p> <p>Baked Potato Chips</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>11-Jun</p> <p>Chicken Drumstick</p> <p>Cornbread and Coleslaw</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>12-Jun</p> <p>Cheese Pizza</p> <p>Dried Fruit</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>
<p>Bagel and Cream Cheese</p> <p><i>Fresh Fruit & Milk</i></p>	<p>French Toast Minis</p> <p><i>Fresh Fruit & Milk</i></p>	<p>Pancake on a Stick</p> <p><i>Fresh Fruit & Milk</i></p>	<p>Breakfast Pizza</p> <p><i>Fresh Fruit & Milk</i></p>	<p>Cinnamon Roll</p> <p><i>Fresh Fruit & Milk</i></p>
<p>15-Jun</p> <p>Chicken Strips</p> <p>Cool Ranch Doritos</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>16-Jun</p> <p>Hotdog</p> <p>Diced Mixed Fruit</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>17-Jun</p> <p>Cook's Choice Day!</p> <p>Dried Fruit</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>18-Jun</p> <p>Sunbutter and Jelly Sandwich</p> <p>Chips and Pink Cookie!</p> <p>Fresh Fruit and Vegetables</p> <p>1% White Milk or Chocolate Milk</p>	<p>19-Jun</p> <p>Juneteenth</p> <p>& SUMMER BREAK BEGINS!!</p>
<p>Bagel and Cream Cheese</p> <p><i>Fresh Fruit & Milk</i></p>	<p>Breakfast Pizza</p> <p><i>Fresh Fruit & Milk</i></p>	<p>Cook's Choice Breakfast</p> <p><i>Fresh Fruit & Milk</i></p>	<p>Cinnamon Roll</p> <p><i>Fresh Fruit & Milk</i></p>	
<p>This institution is an equal opportunity provider and employer. Menu subject to change without notice.</p> <p>Questions? Call Cheyenne Walker, Food Service Supervisor, at (360) 428-6149.</p>		<p>Summer Meal Service - Free for any child 18 and under. Breakfast & Lunch.</p> <p>-LaVenture Middle School, 1200 N Laventure Rd. June 29 to Aug 6th. M-Thur Breakfast 8:00am-8:25am Lunch 10:30am-12:00pm</p> <p>Skagit Valley College Cardinal Center, 2405 E College Way. June 29th to July 30th. M-Thur Breakfast is served 8:50 to 10:10 AM Lunch is served 11:50 AM to 1:00 pm</p>		

